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# IO3 – Training package for social and green NGO leadership

## Module 3 – Creative thinking, initiative, self-confidence

Prepared by EPEK



NGEnvironment

Foster European Active Citizenship and Sustainability  
Through Ecological Thinking by NGO's

ERASMUS+ Programme – Strategic Partnership  
Agreement No.  
2018-1-DE02-KA204-005014

# What is Creative thinking

- Creative thinking is a way of looking at problems or situations from a fresh perspective to conceive of something new or original.
- Critical thinking is the logical, sequential disciplined process of rationalizing, analyzing, evaluating, and interpreting information to make informed judgments and/or decisions.

Source: <https://www.virtualsalt.com/crebook2.htm>



# Task

Have a look at the following video.  
After watching write down what is creative thinking for you!

Share your ideas with the group.



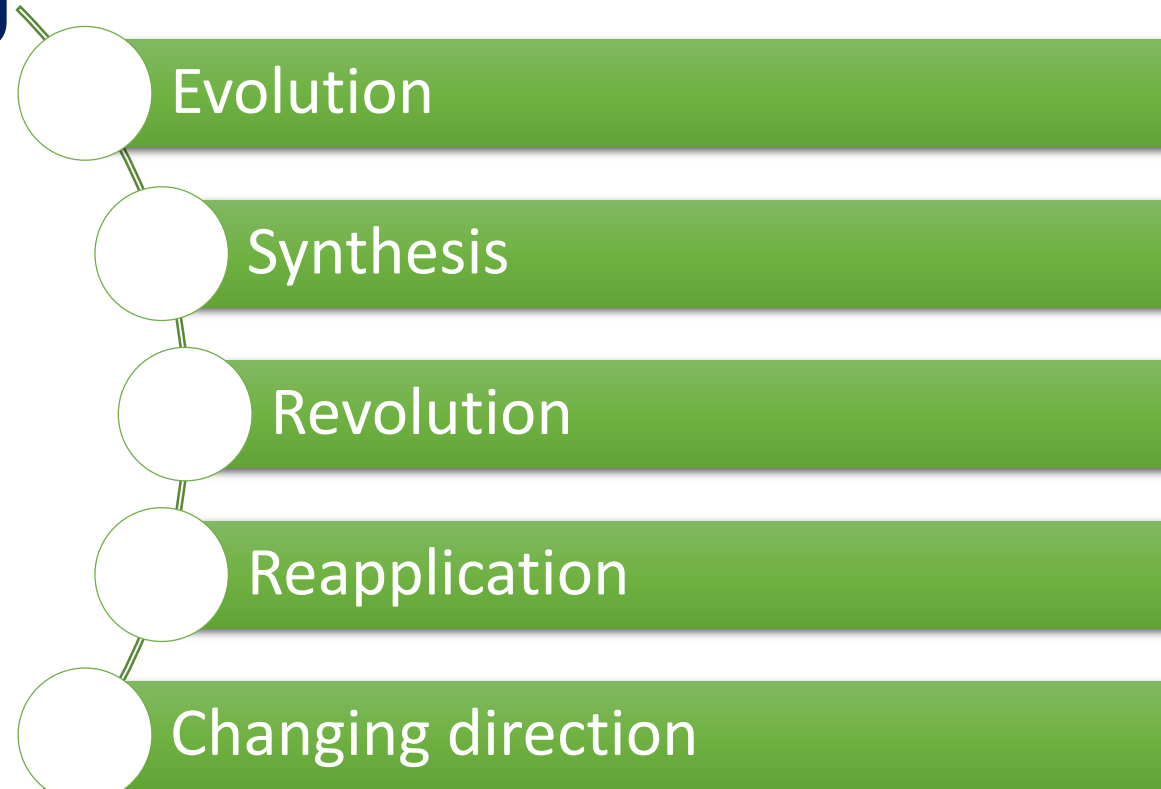
# Task

Video: How To Have Better Creative Thinking

<https://www.youtube.com/watch?v=z02LdDpx-Tc>

Videojug\_ - YouTube

# Five creative methods of Creative Thinking



Many classic **creative thinking techniques** make use of one or more of these **methods**.

Source: <https://www.virtualsalt.com/crebook2.htm>

# Top Creative Thinking Skills

- Analytical: before thinking creatively about something, you first have to be able to understand it.
- Open-Minded: creativity involves thinking of things no one else has considered before.
- Problem Solving
- Organization
- Communication
- Artistic Creativity
- Creative Problem-Solving
- Creativity in STEM (Science, Technology, Engineering and Mathematics)

Source: <https://targetjobs.co.uk/careers-advice/interview-questions/320909-give-an-example-of-a-time-when-you-showed-initiative-tricky-graduate-interview>



# Task

Have a look at the following video.  
After watching write down what is initiative for you!

Share your ideas with the group.



## Video: What is initiative?

<https://https://www.youtube.com/watch?v=Cn30VRmXkn0>

Digital Learning Pills International- YouTube



# What is self initiative

Initiative is the ability to be resourceful and work without always being told what to do.

It requires resilience and determination.

People who show initiative demonstrate they can think for themselves and take action when necessary.

It means using your head, and having the drive to achieve.

Source: <https://targetjobs.co.uk/careers-advice/interview-questions/320909-give-an-example-of-a-time-when-you-showed-initiative-tricky-graduate-interview>

# Initiative in workplace

When you show initiative:

- you do things without being told;
- you find out what you need to know;
- you keep going when things get tough;
- you spot and take advantage of opportunities that others pass by.

You act, instead of reacting, at work.

Source: <https://targetjobs.co.uk/careers-advice/interview-questions/320909-give-an-example-of-a-time-when-you-showed-initiative-tricky-graduate-interview>

# What is self confidence in leadership

Leadership involves influencing others and self-confidence allows the leader to feel assured that his or her attempts to influence are appropriate and right.

Self confidence requires a positive self-image.

Self-image is a kind of mental picture we all have about ourselves.

[www.mindtools.com/pages/article/initiative.htm](http://www.mindtools.com/pages/article/initiative.htm)

# 12 Ways to Develop Leadership Confidence

1. **Learn about leadership.** Take a course, read a few books and study the great leaders. Learn what leaders do and don't do. Learn the frameworks, tools and skills required to lead. The more you know about a subject, including leadership, the more confident you'll be.
2. **Network with other leaders.** While it's good to learn about leadership from courses and reading, putting those ideas into practice is hard and mistakes will be made. Having a network or support group of peers is a healthy way to share common, real-world challenges. It will give you the knowledge that "I'm not the only one who feels this way."
3. **Develop realistic self-awareness.** Knowing your leadership strengths will give you confidence, and facing up to your development needs will help you determine what you need to focus on to get better. Feedback will give a leader realistic self-awareness. Plus, leaders who ask for feedback are seen as more confident than those who don't.

Source: <https://www.pragmaticinstitute.com/resources/articles/12-ways-to-develop-leadership-confidence>

4. Help others be more successful. Leadership confidence isn't just about building your own track record of wins. The essence of leadership is helping others around you become more successful. Help others gain self-awareness, coach them and help put them in the best position to be successful.
5. Celebrate wins. When your teammates or colleagues hit a milestone or do something awesome, let them—and everyone else—know. This isn't about tooting your own horn, it's about getting into the habit of looking for and recognizing the wins of others.
6. Look confident. Pay attention to your physical appearance. Losing weight, getting in shape, a new pair of glasses, new hairstyle, a new suit or a new pair of shoes can make you feel and look more confident. Watch your posture, make eye contact, smile and use a firm grip when you shake hands.

Source: <https://www.pragmaticinstitute.com/resources/articles/12-ways-to-develop-leadership-confidence>



7. **Learn and practice positive psychology.** Optimism and happiness can be learned.
8. **Develop your emotional intelligence (EQ).** Self-confidence is the mark of an emotionally intelligent leader. EQ isn't something you are born with; it too can be learned and developed.
9. **Project confidence.** While you may be terrified inside, learn to “fake it till you make it” by appearing confident. Terrified of public speaking? Take a presentation-skills course.

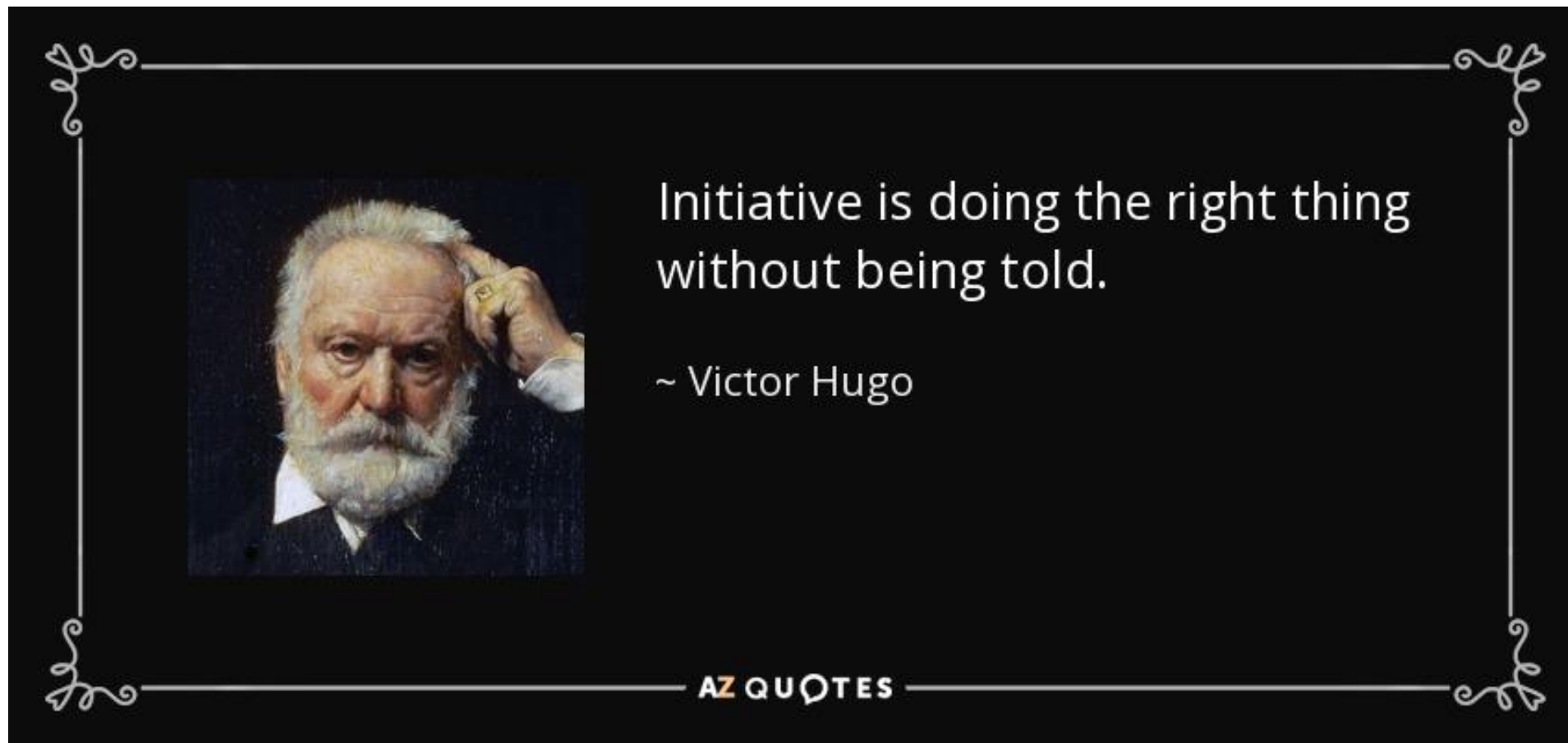
Source: <https://www.pragmaticinstitute.com/resources/articles/12-ways-to-develop-leadership-confidence>



- 10. Ask others for help.** Confident leaders know what they know and what they don't know and are not afraid to ask for help. They draw on the talents of others without feeling threatened.
- 11. Stop asking “Mother may I” and make a decision.** Confident leaders would rather ask for forgiveness than permission and are comfortable making decisions without having 100 percent certainty.
- 12. Develop a sense of humor.** Well-timed humor will break the tension in a stressful situation and help put things in perspective

Source: <https://www.pragmaticinstitute.com/resources/articles/12-ways-to-develop-leadership-confidence>

# What is initiative by Victor Hugo







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# Thank you very much for your attention!

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**Websites:**

<http://www.ngenvironment-project.eu/>  
<http://ngenvironment.eduproject.eu/>

# Sources

- ❖ Creative Thinking Techniques, Robert Harris, Available under: <https://www.virtualsalt.com/crebook2.htm>
- ❖ Give an example of a time when you showed initiative. Available under: <https://targetjobs.co.uk/careers-advice/interview-questions/320909-give-an-example-of-a-time-when-you-showed-initiative-tricky-graduate-interview>
- ❖ Improving the Ability of Creative Thinking Mathematically and Self-Confidence Student through Application Model Eliciting Activities (MEAs) Review from Student Gender Available under: [https://www.researchgate.net/publication/324388293\\_Improving\\_the\\_Ability\\_of\\_Creative\\_Thinking\\_Mathematically\\_and\\_Self-Confidence\\_Student\\_through\\_Application\\_Model\\_Eliciting\\_Activities\\_MEAs\\_Review\\_from\\_Student\\_Gender](https://www.researchgate.net/publication/324388293_Improving_the_Ability_of_Creative_Thinking_Mathematically_and_Self-Confidence_Student_through_Application_Model_Eliciting_Activities_MEAs_Review_from_Student_Gender)
- ❖ 12 Ways to Develop Leadership Confidence, Dan McCarthy Available under: <https://www.pragmaticinstitute.com/resources/articles/12-ways-to-develop-leadership-confidence>
- ❖ 9 ways to Take More Initiative At Work, Available under: <https://www.fastcompany.com/3037092/9-ways-to-take-more-initiative-at-work>
- ❖ Taking Initiative Making Things Happen in the Workplace Available under: <https://www.mindtools.com/pages/article/initiative.htm>