

103 – Training package for social and green NGO leadership

Module 3 – Creative thinking, initiative, self-confidence

Part 3: What is self confidence in leadership ?

Prepared by EPEK

ERASMUS+ Programme – Strategic Partnership
Agreement No.
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Foster European Active Citizenship and Sustainability
Through Ecological Thinking by NGO's



NGEnvironment

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Project Number: 2018-1-DE02-KA204-005014
I03 - Training package for social and green NGO leadership-
Module 3

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Agenda

Part 1: What is creative thinking?

1.1 Top Creative Thinking Skills

1.2 Five creative methods of Creative Thinking

Part 2: What is initiative ?

2.1 Initiative in workplace

Part 3: What is self confidence in leadership ?

3.1 12 Ways to Develop Leadership Confidence



Learning Outcomes of Module 3

| Module/Unit | Learning Outcomes – The learner will: | Indicative Content |
|--|---|--|
| Creative thinking, initiative, self-confidence | <ul style="list-style-type: none">• Understand what is creative thinking• Understand what is initiative• Understand what is self confidence in leadership | <ul style="list-style-type: none">• Top Creative Thinking Skills• Five creative methods of Creative Thinking• Initiative in workplace• 12 Ways to Develop Leadership Confidence |



Part 3: What is self confidence in leadership

Leadership involves influencing others and self-confidence allows the leader to feel assured that his or her attempts to influence are appropriate and right.

Self confidence requires a positive self-image.

Self-image is a kind of mental picture we all have about ourselves.

www.mindtools.com/pages/article/initiative.htm



H5P TASK

Drag and drop the world

What is self Confidence in Leadership ?

Leadership involves influencing other and [] allows the [] to feel assured that his or her attempts to [] are appropriate and right.

Self confidence requires a [] Self-image.

Self-image is a kind of [] picture we all have about ourselves.

influence

Leader

selfconfidence

mental

positive

Check



3.1 12 Ways to Develop Leadership Confidence

1. Learn about leadership. Take a course, read a few books and study the great leaders. Learn what leaders do and don't do. Learn the frameworks, tools and skills required to lead. The more you know about a subject, including leadership, the more confident you'll be.
2. Network with other leaders. While it's good to learn about leadership from courses and reading, putting those ideas into practice is hard and mistakes will be made. Having a network or support group of peers is a healthy way to share common, real-world challenges. It will give you the knowledge that "I'm not the only one who feels this way."
3. Develop realistic self-awareness. Knowing your leadership strengths will give you confidence, and facing up to your development needs will help you determine what you need to focus on to get better. Feedback will give a leader realistic self-awareness. Plus, leaders who ask for feedback are seen as more confident than those who don't.

Source: <https://www.pragmaticinstitute.com/resources/articles/12-ways-to-develop-leadership-confidence>



3.1 12 Ways to Develop Leadership Confidence

4. Help others be more successful. Leadership confidence isn't just about building your own track record of wins. The essence of leadership is helping others around you become more successful. Help others gain self-awareness, coach them and help put them in the best position to be successful.
5. Celebrate wins. When your teammates or colleagues hit a milestone or do something awesome, let them—and everyone else—know. This isn't about tooting your own horn, it's about getting into the habit of looking for and recognizing the wins of others.
6. Look confident. Pay attention to your physical appearance. Losing weight, getting in shape, a new pair of glasses, new hairstyle, a new suit or a new pair of shoes can make you feel and look more confident. Watch your posture, make eye contact, smile and use a firm grip when you shake hands.

Source: <https://www.pragmaticinstitute.com/resources/articles/12-ways-to-develop-leadership-confidence>



3.1 12 Ways to Develop Leadership Confidence

7. Learn and practice positive psychology. Optimism and happiness can be learned.
8. Develop your emotional intelligence (EQ). Self-confidence is the mark of an emotionally intelligent leader. EQ isn't something you are born with; it too can be learned and developed.
9. Project confidence. While you may be terrified inside, learn to “fake it till you make it” by appearing confident. Terrified of public speaking? Take a presentation-skills course.

Source: <https://www.pragmaticinstitute.com/resources/articles/12-ways-to-develop-leadership-confidence>



3.1 12 Ways to Develop Leadership Confidence

10. Ask others for help. Confident leaders know what they know and what they don't know and are not afraid to ask for help. They draw on the talents of others without feeling threatened.
11. Stop asking "Mother may I" and make a decision. Confident leaders would rather ask for forgiveness than permission and are comfortable making decisions without having 100 percent certainty.
12. Develop a sense of humor. Well-timed humor will break the tension in a stressful situation and help put things in perspective

Source: <https://www.pragmaticinstitute.com/resources/articles/12-ways-to-develop-leadership-confidence>



**With which one of the 12 Ways to Develop
Leadership Confidence, you don't agree and why?**

Task

**Please write your answer and then discuss it with
the group.**

Thank you very much for your attention!



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